

Silver Valley Unified School District

October 2018

BREAKFAST



All meals must be paid for in advance or daily.
Breakfast \$1.75 / Free & Reduced \$0.00

Monday	Tuesday	Wednesday	Thursday	Friday
1. Honey Wheat Breakfast Bar Or Banana Bread Fresh Fruit Milk 	2. Pancake & Sausage (P) on a Stick Or French Toast Sticks Maple Syrup Fresh Fruit 100% Juice Milk	3. Scrambled Eggs Blueberry Muffin Or Turkey Bacon, Egg Breakfast Square Fresh Fruit Milk 	4. Tony's Breakfast Pizza (P) Or Assorted Whole Grain Cereal Grahams Fresh Fruit 100% Juice Milk 	5. Blueberry Muffin String Cheese Or Maple Burst Mini Pancakes Maple Syrup Fresh Fruit Milk
8. No School 	9. Pancake & Sausage (P) on a Stick Or French Toast Sticks Maple Syrup Fresh Fruit 100% Juice Milk	10. Cinnamon Bun Or Colby Cheese Omelet Country Biscuit Fresh Fruit Milk 	11. Tony's Breakfast Pizza (P) Or Assorted Whole Grain Cereal Grahams Fresh Fruit 100% Juice Milk 	12. Strawberry Yogurt Jungle Crackers Or Funnel Cake Fresh Fruit Milk
15. Cinnamon Raisin Bagel Cream Cheese Or Oatmeal Chocolate Breakfast Bar Fresh Fruit Milk	16. Pancake & Sausage (P) on a Stick Or French Toast Sticks Maple Syrup Fresh Fruit 100% Juice Milk	17. Strawberry Yogurt Belly Bear Grahams Or Scrambled Eggs Country Biscuit Fresh Fruit Milk 	18. Tony's Breakfast Pizza (P) Or Assorted Whole Grain Cereal Grahams Fresh Fruit 100% Juice Milk 	19. Banana Muffin String Cheese Or Maple Burst Mini Pancakes Maple Syrup Fresh Fruit Milk
22. Honey Wheat Breakfast Bar Or Banana Bread Fresh Fruit Milk 	23. Pancake & Sausage (P) on a Stick Or French Toast Sticks Maple Syrup Fresh Fruit 100% Juice Milk	24. Blueberry Bagel Cream Cheese Or Bacon Egg & Cheese Scramble Wheat Tortilla Fresh Fruit Milk 	25. Tony's Breakfast Pizza (P) Or Assorted Whole Grain Cereal Grahams Fresh Fruit 100% Juice Milk	26. Chocolate Chip Muffin String Cheese Or French Toast Sticks Maple Syrup Assorted Fresh Fruit Milk
29. Cinnamon Bun Or French Toast Benefit Bar Fresh Fruit Milk	30. Pancake & Sausage (P) on a Stick Or French Toast Sticks Maple Syrup Fresh Fruit 100% Juice Milk 	31. Dusty Spider Web (Funnel cake dusted w/powder sugar) Blueberry Topping or Assorted Whole Grain Cereal Grahams Assorted Fresh Fruit Milk 	<p>(P) = Pork Product If you see an item like Pepperoni or Ham that <u>does not</u> have a (P) symbol, we are using Turkey Ham and/or Turkey Pepperoni.</p>	

Menu Subject To Change
 1% Low-fat White Milk or Non-Fat Chocolate Milk will be available for Breakfast
 Offered Daily: Whole Grain Cereal
 All Bread products are Whole Wheat (WW) Or Whole Grain (WG)
 Students Offered Choices of Fruit and/or Juice Daily at Breakfast.
 They must choose at Least One.
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